

- 1) “Jot down a challenging situation you have encountered when working with another treatment program –one that is based on a different philosophical model of treatment.”

(for example, if you work in a methadone program, working with a residential program, or if you work in from a harm-reduction model, working with an abstinence-oriented program)

Therapeutic Community as Treatment

Please answer questions true or false:

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|----|--|---|---|
| 1) | In the Therapeutic Community, the relationship is the treatment. | T | F |
| 2) | The Therapeutic Community is community-centered, not client-centered. | T | F |
| 3) | The Therapeutic Community goal is always to get patients off all Opioid Replacement Therapies. | T | F |
| 4) | Therapeutic Communities do not use a harm-reduction approach. | T | F |
| 5) | Use of medication is incompatible with Therapeutic Community policies. | T | F |
| 6) | In the Therapeutic Community, confrontation is a necessary part of treatment. | T | F |

Methadone Treatment

Please answer questions true or false:

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|----|--|---|---|
| 1) | You cannot conceive and have normal pregnancies and deliveries while you are receiving methadone. | T | F |
| 2) | Breast feeding is not considered safe for the babies of women taking methadone. | T | F |
| 3) | A 20 year-old client who has been using heroin for two years and has been on methadone one year would be encouraged to taper off. | T | F |
| 4) | Methadone, on stable doses, causes drowsiness and sedation. | T | F |
| 5) | Methadone harms your liver. | T | F |
| 6) | Methadone gets into your bones and causes damage. | T | F |
| 7) | If it is necessary for a methadone patient to take pain medication, they do not need strong narcotics because the methadone will block the pain. | T | F |