Navigating the Challenging Waters of Medication Assisted Treatment

April 21st, 2017
21C Museum Hotel
Oklahoma Association for the Treatment of Opioid Dependence
Conference Schedule

21 C Museum Hotel in Oklahoma City

8:00 – 9:00: Exhibitor Presentations and Breakfast
8:00 – 9:00: Registration
9:00 – 10:30: Mark Parrino: Key Note Address, Strategic Responses to the Epidemic Use of Opioids and Heroin
12:15 – 1:15: Lunch

Break-out sessions

1:15 – 2:45: Rick Christensen presents Bridging the Gap Between Abstinence Based Treatment and Medication Assisted Treatment
1:15 – 2:45: Steven Byers presents Multicultural and Diversity Based Addictions Counseling
2:45 – 3:00: Break

3:00 – 4:30: Dr. Don Teater presents Treatment of Pain in Those with Addiction
3:00 – 4:30: Larry French presents Mindfulness- "The FEAR antithesis" Help for Anxiety and Depression
THIRD ANNUAL OKATOD CONFERENCE: NAVIGATING THE CHALLENGING WATERS OF MEDICATION ASSISTED TREATMENT

Date of event: Friday, April 21, 2017  
Time: 8:30AM-4:30PM  
Place: 21 C Museum Hotel 900 W Main St, OKC  
Registration Fee: $100.00  

Keynote speaker is Mark Parrino, President of American Association for the Treatment of Opioid Dependence. Additional plenary session by Ray Caesar, Director of Addiction Specialty Programs/ Oklahoma State Opioid Treatment Authority and a 2016 recipient of the Nyswander/ Dole award. Educational workshops provided in comprehensive treatment for the unique needs of patient with Opioid Use Disorder including Treatment of Pregnancy and Other Medical Complications, Providing Culturally Competent Services, Effective Treatment for Co-occurring Disorders, and more. Visit us at okatod.org for more information about this upcoming conference.  
Six hours of ongoing credits for LADC/CADC, LPC, CLE, CLEET, and LMFT  

Educational presentations provided on the need for comprehensive services for the patient with Opioid Use Disorder in the OTP and the dangers of stigma to their recovery. Presentations given on the nature of opioid use disorder and the treatments available and how to expand needed services for the OTP patients in Oklahoma. Please register online at [https://www.eventbrite.com/e/third-annual-okatod-conference-navigating-the-challenging-waters-of-medication-assisted-treatment-tickets-29823623260](https://www.eventbrite.com/e/third-annual-okatod-conference-navigating-the-challenging-waters-of-medication-assisted-treatment-tickets-29823623260) or [www.okatod.org](http://www.okatod.org) using a credit card or complete this registration form paying with either a check or purchase order and mail to: OKATOD at 7136 S. Yale Ave, suite 225, Tulsa, OK 74136  

Contact Information: Please print:

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Please check the professional affiliation that applies:
- NAADAC (LADC/CADC)
- LPC
- LMFT
- CLE
- CLEET

Contact Info: [ann@oktreatment.com](mailto:ann@oktreatment.com) 918-232-4288
Exhibitor Name: ________________________________

Address: ______________________________________

State _____ Zip ______________ Phone # ____________________________

Email Address: ________________________________

Name of Person Responsible for Exhibit: ______________________________

Name of Registered Person Eligible for credit hours: ____________________________

Below are the options and fees for exhibiting at the 3rd annual OKATOD Conference.

**Option A:** (Includes Booth rent, 1 table, 1 registration and 1 lunch)

☐ $250.00

**Option B:** *(Same as A, with A/V marketing/advertisement between workshops on main ballroom screens and opportunity to put marketing material in conference goodie bag)*

☐ $500.00

**Option C: Faculty/Platinum Corporate Supporter:**

☐ $3,000 *(Includes premium exhibit space, 1/2 page ad in the conference program, signage, special badges, podium acknowledgement, and program commentary about sponsor and everything included in A and B).*

*For options B and C (all logo’s and agency information for power point, and goodie bags materials) must be sent or delivered to OKATOD on or before April 1, 2017.

Please complete registration and mail to:

OKATOD
Attn: Ann Jamieson
7136 S. Yale Ave, suite 225
Tulsa, OK 74136

****If your agency is interested in paying with a Purchase Order please contact Ann at ann@oktreatment.com or call 918-232-4288
Keynote address

Mark W. Parrino, MPA
President, American Association for the Treatment of Opioid Dependence

Mr. Parrino has been involved in the delivery of health care and substance abuse treatment since 1974. He received both a Baccalaureate in Psychology (1974) and a Masters in Health Policy, Planning and Administration (1982) from New York University.

Mr. Parrino served as the Director of the Gramercy Park Medical Group, an outpatient methadone treatment program, from 1980 to 1994. He also served as President of the National Development and Research Institutes, Inc. (NDRI) and was the Chair of New York City's Health Systems Agency's Technical Advisory Group on Substance Abuse.

Mr. Parrino served as the Chair of the Center for Substance Abuse Treatment (CSAT) Consensus Panel for State Methadone Treatment Guidelines, the first Treatment Improvement Protocol (TIP) published for national distribution. Currently, Mr. Parrino is the President of the American Association for the Treatment of Opioid Dependence and continues to be responsible for the development and implementation of the Association's organizing initiatives. He is a consultant and educator to government, community and business groups concerning substance abuse treatment and policy. Mr. Parrino is a recipient of the Robert Wood Johnson Foundation Innovators Award for 2003.

Presents:
Strategic Responses to the Epidemic Use of Opioids and Heroin

The presentation will focus on the key elements of how our nation entered a modern epidemic of opioid use and abuse. It will also outline strategic responses on the part of federal agencies in addition to citing challenges and opportunities in the state. It will provide strategic recommendations for treatment programs with regard to increased access to treatment and a system of greater integrated care.

Training Objectives
• The audience will have a better understanding of the federal agency response to the opioid epidemic.
• The audience will have a better sense of integrated model of treatment delivery.
• The audience will also understand some of the critical challenges impeding access to the treatment of opioid use disorders.
Ray Caesar has worked in the addictions field for over thirty years, as a clinician, educator, consultant, author, and program director. His efforts have been in both the treatment and the prevention arenas. He has authored numerous pamphlets, manuals and one book.

He has extensive background in program development, having created and operated several substance use disorder treatment programs, ranging from outpatient to residential and inpatient withdrawal management units.

Mr. Caesar received both his undergraduate in psychology and his graduate degree in counseling psychology from the University of Central Oklahoma in Edmond.

Presents:

**Topics and Trends with Medication-Assisted Recovery for Opioid Use Disorders**

**Course Description**
This presentation will identify the current trends related to opioid use disorders (OUDs). Significant problems and challenges will be explored. Effective and promising solutions will be identified and discussed.

**Learning Objectives**
By the close of this session the attendee will be able to:

- Identify the scope of the problem
- Identify the major challenges and barriers to providing effective interventions for those with OUDs.
- Identify potential gaps, if any, in service delivery for their agency.
- Identify successful solutions to address OUDs.
- Identify current options and alternatives available in Oklahoma.
Don Teater, MD
Teater Health Solutions

Family Physician who has lived and worked in western North Carolina for the past 28 years. His work in the southern Appalachian Mountains (an area with some of the highest rates of opioid abuse and overdose) made him aware of the problems with opioid pain medications years ago. In 2004 he started a clinic to treat those addicted to opioids in his community.

2013 - 2016 he worked as the Medical Advisor at the National Safety Council addressing the national epidemic of opioid abuse, addiction, and overdose. In June 2015, Dr. Teater was the lead facilitator for the CDC expert panel discussion during development of the CDC Guideline for Prescribing Opioids for Chronic Pain. Since leaving the NSC, he continues to work with state and federal organizations on policy development and with medical organizations to educate providers on moving beyond “safe prescribing” toward “less prescribing”, which results in fewer opioids prescribed and improved pain relief.

Dr. Teater continues to work one day a week treating those addicted to pain medications and providing primary care to those with severe mental illness in western North Carolina.

Presents: Treatment of pain in those with the disease of addiction
Pain is a common complaint in those with opioid use disorder. Many times, the addiction is a result of the medication prescribed for their pain. This presentation will exam the difference between acute and chronic pain and discuss treatment in those with the disease of addiction. It will emphasize the critical aspect of behavioral health treatment for pain.

Learning Objectives:
1. Participants will be able to identify the relative effectiveness of common oral pain medications.
2. Participants will be able to identify effective non-opioid treatment of acute pain.
3. Participants will understand the main goals and methods of treating chronic pain in those with the disease of addiction.
Richard Christensen, P.A. CAS  
Physician Assistant (PA) certified by the American Academy of Health Care Providers in the Addictive Disorders as a Certified Addiction Specialist. Mr. Christensen has twice been appointed to the PA Regulatory Board for the State of Arizona. He is a national expert in the field of neurobiology as it relates to chemical dependency and has treated more than 200,000 people addicted to opiates. As a clinical consultant to the Arizona criminal justice system, Mr. Christensen provides treatment to opiate-addicted pregnant women. He also lectures at the University of Arizona in collaboration with Northern Arizona University PA Program, Midwestern University PA Program/Medical School, and the A.T. Still University PA Program. His experience includes work in a heroin amnesty program while a US Army clinical specialist in Vietnam in 1971, and award-winning work with the Centers for Disease Control Prevention and Arizona State Dept of Health Services early in the hepatitis B and C epidemics, conducting the first HIV seroprevalence study with intravenous drug users in Arizona. Mr Christensen chaired the scientific portion of the National Methadone Conference in Washington, DC, in 1992 and chaired the National Methadone Conference in Arizona in 1995, receiving the prestigious Nyswander-Dole Award for Lifetime Achievement in the field of addiction medicine that same year.

Presents:
Bridging The Gap between abstinence Based Treatment and MAT  
Program description:
Abstinence based treatment has been in conflict with MAT from the beginning. The focus has been based on what separates us, not on what we have in common. The debates have been focused on philosophy, not on science, evidence, or best practices. The fear I think 12 step focused programs have is the question of whether or not they have a place in the new science based paradigm. I think for all of us figuring out what value we add to addiction treatment is critical and that bringing everything we have to offer will yield the best outcomes where our patients are concerned.

Learning Objectives:
Understanding the disconnect between abstinence based treatment and MAT.
Demonstrating where ABT and MAT have successfully collaborated historically.
Developing a paradigm where all treatment approaches have value and contribute to the best patient outcomes.
Refocusing on a new paradigm that is truly patient centered, not centered on politics and the survival of a specific program ideology.
Steven R. Byers, Ph.D.
Associate Professor at Northeastern State University in the Department of Psychology and Counseling. He has authored and co-authored manuscripts covering topics relevant to students of color success in education, grief and loss, social information processing, and urban poor coping within a diversity and contextual framework.

Dr. Byers teaches courses in research methods, counseling theory, physiology psychology, personality assessment, life span psychology, multicultural counseling, and psychopathology. Dr. Byers has supervised and taught hundreds of students in graduate clinical and counseling psychology programs. He has presented at numerous events including national, state conferences and consortia.

Dr. Byers received his bachelor’s in science at the University of Tulsa and he obtained a master’s degree at the University of Michigan. He completed a second master’s and then finally, a Ph.D. in clinical psychology at the University of Colorado at Boulder.

Presents: Multicultural and Diversity Based Addictions Counseling
While routine and acknowledge, multicultural and diversity based approaches to addictions are not developed to the point of formal theory or evidence based techniques. This session provides relevant and recent approaches to addictions and treatment from a multicultural and diversity based model. Concepts and interventions will be presented based on assisting the culturally and diversity different client and family system who are struggling with substance abuse and addiction.

Learning objectives:
1. Exposure and initial familiarity with multicultural and diversity addictions counseling and treatment dimensions relevant to working with the diverse and culturally different.
2. Introduction of basic skill set and counseling orientation of diverse clientele regardless of diversity and/or cultural diversity of treatment staff.
3. Introduction of Intake domains and skill practice exercises towards enhancing basic addictions based assessment and initial assessment protocol.
Larry French LADC/MH
Clinical supervisor of facilities serving over 1200 clients in North East Oklahoma. He is currently working on a Doctorate in Addiction Studies and is in the process of writing a book entitled, "Gift of the Healer" A Practical Guide for Helping Professionals. Larry is in private practice in Bartlesville, OK.

Presents:
Mindfulness- "The FEAR antithesis" Help for Anxiety and Depression

Mindfulness is a refreshing antithesis for a world full of minds that are "fearful and afraid." This presentation was created using mindfulness as a theoretical framework for clinical supervisees in a group setting to aid counselors in considering integrating healthy mental health practices in their personal lives and in the lives of their clients.

1. Attendees will compare and contrast mindfulness objectives with the trend toward constant mental pre-occupation and busyness
2. Attendees will learn specific mindfulness techniques for dealing with fear
3. Attendees will receive a schema to create a picture for the physiological response to fear